



Ball of White Light LIFE ESSENCES

by Benjamin Risby-Jones

My 2 friends and I were sitting on a deck and to our astonishment we could see in the distance a vibrant white light moving quickly across the sky. I then noticed it quickly changed direction and sped incredibly fast down towards me. To my two friends' and my astonishment, we watched as it collided with my chest and was absorbed into me.

One of my friends said, “That was weird.” The other said, “I was not going to say anything. I thought you would think I was crazy. I just saw a ball of white light fly down out of the sky and hit Ben in the chest.”

While they were talking, I was undergoing my own strange experience. I was physically rocked back on my chair, and I was seeing everything around me simultaneously from all directions. This experience passed in seconds.

I shrugged and said in agreement “Yes, that was weird.”

We all three then got on with our day.

A week later something strange began to happen to me.

My level of sensitivity began to dramatically increase, I was able to feel other people's emotions, hear their thoughts, see their ideas, their future, their past. I was able to talk with my mind to animals, able to feel the presence of trees.

This sensitivity gained more and more strength. In a 12-hour period, I was able to feel the life force of the city that I was living in, the sum total of everyone's thoughts and feelings. What was going on for individuals all throughout the city simultaneously? As I spent time with people I was able to experience their souls' expression through their lives and see where they were having their next evolutionary lesson.

I could see where they were stuck – physically, emotionally, mentally and spiritually.

I was currently studying natural medicine at that time – It seemed only natural that I went in to treat my teachers with their own modality to share with them what I was experiencing.

The simplest way I can describe it is that I shed of my personality, what I considered my personal Identity. All that was left was my soul but still having my body as a physical presence.

I did not sleep nor was I tired for two days. I was full of energy. Towards the end of my second day something new was beginning to emerge. Others were concerned for me; I was no longer integrating with the rest of society. I was becoming aware of the possible future outcome that I may be institutionalised! This was a reality that would have happened if I had continued on the path that I was on.

So, as a response to this, I needed to reintegrate with mainstream society. I had to reclaim the mask of my personality so I could freely move.

I finished my degree in Applied Science (majoring in Natural Medicine) and began to practice in two clinics. It was in practicing that I had to re-evaluate what HEALING really is. One of my early clients was a young boy with a terminal brain tumour . I had to understand what I was trying to do for him. Was I trying to take the tumour away?

Was healing about trying to get him to live longer? For me to assume the role of knowing what is ultimately right and what is ultimately wrong is placing a judgment upon what that soul has chosen.

I realized that Healing was about acknowledging his current experience; my job was to provide a safe environment where his soul could become present with his whole being again.

I supported this young boy so he could experience his present condition, his body, perhaps gaining from that which he needed to go on to another experience.

This meant that he would be able genuinely to experience what was happening to him. I believe that this world holds experiences for us to learn from, to grow from.

I believe that whatever the experience is, we, as a multidimensional being, have drawn this experience to ourself for a reason.

So, to do this, I created my own form of soul talk supported with hands-on energy healing. But still I did not have the tools that I really wanted to provide my clients with to help them integrate this “being present” experience with their everyday lives.

So I spent the next six years of my life creating this tool. This journey took me around the world four times, visiting over 30 different countries, studying mystical aspects of spiritual religions and tribal cultures. Now, after all this soul searching of the earth, human kind, and of myself, I can confess the creation of seven essences – called LIFE ESSENCES.

And the last seven years I have been conducting trials on hundreds of people over prolonged periods of time to understand the depth of what they offer people. It is only now that after the trials have been completed that I am ready to gift them to the world.

LIFE ESSENCES

Are homoeopathically prepared essences of flowers, places, coral, and groups of people. The birth of each essence is unique and cannot be replicated. They are very specific energetic signatures specifically designed to align the seven fundamental aspects of human existence.

They are called corresponding colours

- Spiritual Staircase Red
- Angelic Embodiment Orange
- Crown of Thorns Yellow
- Angel Wings Green
- The Breath of Life Blue
- Star Sight Purple
- Bodhisattva Gold/White

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Each essence relates to a fundamental colour in the spectrum of white light being refracted into a rainbow. This is the same as when a soul incarnates as a human, they also have a full spectrum of energetic qualities. Life essences reflect this incarnation of a full spectrum and help people to reoccupy this full spectrum of who they are.

SPIRITUAL STAIRCASE

To integrate the desire realm with the entirety of your being

When creating this essence I received an image of a spiralling staircase that went up forever. On this staircase there were people trying to reach the top, always placing their attention on a future goal, acquisition, accomplishment – leaving their present condition free of attention and self-awareness.

So this essence helps people accept that who they are, where they are, and what they have is perfect for the present moment in time.

They are whole already. More things like a new car or an education or a relationship will not make you more whole – you are only whole in the present moment – it has nothing to do with external events. To be satisfied within oneself allows an incredible inner peace and harmony to reside there.

ANGELIC EMBODIMENT

To clear past emotional blockages

As time flows through our physical bodies, it also flows through our emotional bodies. This essence supports our self-awareness to encompass our emotional reality all the time. To be in touch with our emotions constantly is a key to opening up our lives to living in the present.

With most people we have an emotional backlog that we avoid feeling, because we find it too difficult to endure one way or another. This essence is a gentle way

of healing these past emotional scars so that we are free to experience our present emotional reality as it comes to us.

CROWN OF THORNS

To calm the mind

This essence creates an opportunity for people to transcend their thoughts – as to enable them to quieten the mind so it can be utilised more effectively.

The intellectual mind is an incredible tool but a terrible master. Often the thoughts circulating in one's mind is nonsensical and even out of most people's self-awareness. This essence is like turning a light on in your attic, which is always dark. At first it can be a little shocking to see what is actually going on, but the dust settles and all the rubbish is thrown out clarity remains.

ANGEL WINGS

To communicate with the creator

This essence opens up the pathways for communication with the creator through relating to the creation with unconditional love, to give openly and receive love (pure energy) to your direct environment and receive from it openly.

In the past, through many traditions, it has been systematic for individuals to be the “spokesperson” for God – an example is a priest. It is appropriate for today's people to speak directly without mediators or go-betweens. We all are a part of the creation and as such we all have direct access to the creator, as they are one in the same.

THE BREATH OF LIFE

To express your truth

This essence opens up people's sixth sense, their intuitive capacity to hear their guidance, through clairvoyance, clairaudience, clairsentience, to establish a solid connection with their inner knowing. In connection to their inner knowing, individuals then have the

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opportunity to experience confidence in the path they have chosen for their lives.

This instills in people a clear experience in fulfilling their life's purpose, contributing to this world what it is that they are here to do.

STAR SIGHT

To see beyond illusion

This essence opens up people's ability to perceive fundamental reality. To see it as it is. When we see the truth as it is – it stands alone by itself – if we then try to interpret that truth we pass it through the filter of our intellectual minds, which then removes us from the truth.

An example is a line of sticks in the ground. Our mind calls it a fence and as such we interpret there being a physical boundary dictating ownership of land and trespassing offences.

Fundamental reality presents a row of sticks in the ground – the filter of our minds interprets the situation and suggests another reality, (sub-reality). There are many sub-realities all around us internally and externally – this essence provides insight so we are able to see fundamental reality as it is.

BODHISATTVA

To walk this earth as a being of light

This essence connects the soul to the cellular integrity of the physical body bridging with it all the etheric bodies – anchoring them in the physical body existing in the eternal present.

To be a servant of the creation, all things are sacred, all things are important; all things are done with intent and purpose. This essence connects the individual with the greater whole allowing the omnipresence to guide and support you as your wills merge into one.

This is the co-creative capacity that we all have, to participate in the creation for

the benefit of the creation, may we all harmonize together.

In conclusion, these are homeopathic preparations of a specific energy highly potentized. To participate all that is done is to take 3 sprays of one essence upon waking and then again upon going to sleep. The kit lasts around 4 months as the integration of these energies is introduced and merges with your own.

Slowly subtle changes take place, and then as time passes incredible things will happen. As you continue synchronicities will not only be common place but actually a way of life.

These essences are sold as a kit of all 7 together for \$150 AUS. They are available at gaiacentre@austarnet.com.

The proceeds of the sale of these essences are going towards creating Gaia Retreat Centre in Queensland, Australia. The Centre is an education facility catering for the development of human potential and environmental awareness.

We are creating a place that can support itself through off-grid renewable energy and permaculture and offer an educational, self-sustainable experience to guests who come and stay.

Thank you for reading my story. May love and light lead your way.



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